

Bio - Data

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| 1. Name (in Capital letters English) | DR. MAHESHWAR PRASAD CHAURASIA |
| 2. Name in Hindi | □□. □□□□□□□□ □□□□□□ □□□□□□□□ |
| 3. S/o | Late Sh. Jagdish Chaurasia |
| 4. Last Designation with date of assuming present designation | Ex-CMO (SAG) since 25.11.2017 & Addl. MS(HOO) [CMO = Chief Medical Officer] (SAG= Supertime Admn. Grade) |
| 5. Last Official Address with PIN Code | DEPTT. OF MEDICINE, DDU HOSPITAL, HARI NAGAR, NEW DELHI – 110064 |
| 6. Residential Address with PIN Code | FLAT NO. 612, SHAKUNTLAM CGHS LTD., PLOT NO. 16, SECTOR 10, DWARKA, NEW DELHI -110075 |
| 7. Phone, Mobile, Email Residence Mobile E mail | 01149981815 9718990223 drmpchaurasia@gmail.com |
| 8. Sex | Male |
| 9. Date of Birth | 06th May 1966 |
| 10. Date of Joining Services | 28th November 1997 (Grade1-Central Health Service) (through UPSC) |
| 11. Date of Retirement (VRS) | 04th October 2022 |

12. Qualifications:-

| Name of Degree / Diploma | Name of University | Year of Passing | Remarks |
|--|--|-----------------|-------------------------------|
| 1 | 2 | 3 | 4 |
| 1. MBBS | DMCH (Darbhanga Medical College & Hospital, Darbhanga, Bihar) | | |
| Part i MBBS | Lalit Narayan Mithila University | 1987 | 1st attempt |
| Part ii MBBS | Do | 1989 | 1st attempt |
| Part iii MBBS | Do | 1990 | 1st attempt |
| 2. PG. Degree / Diploma (Speciality) MBA (Hospital Management) | Singhania University | 2021 | Online course |

13. Experience (in chronological order) :

| S. No. | Designation | From | To | Institute / Organization | Nature of Duties / remarks |
|--------|--------------------------------------|-------------------|-------------------|---|---|
| 1. | Medical Officer | 28.11.1997 | 25.11.2001 | West Zone (DHS), Rural Postings | Administration and Patient Care in <u>Department of Medicine</u> including <u>COVID Wards/HDU/ICU</u> |
| 2. | S.M.O. | 25.11.2001 | 25.11.2006 | West Zone (DHS), Rural Postings | |
| 3. | C.M.O. | 25.11.2006 | 25.11.2010 | West zone, (DHS), Rural Postings upto 21.01.2008. DDU Hospital, Since 22.01.2008 | |
| 4. | CMO (NFSG) | 25.11.2010 | 25.11.2017 | DDU Hospital Since 22.01.2008 (Deen Dayal Upadhyay Hospital - 640 Bedded Delhi Govt. Hospital) | |
| 5. | SAG | 25.11.2017 | Till date | | |
| | In administration-DMS (Admin) | 22.3.2019 | 09.10.2019 | | |
| | Addl. MS (Admin) | 10.10.2019 | 10.02.2022 | | |
| | Addl. MS (HOO) | 11.02.2022 | 04.10.2022 | | |

14. Publications: **Authored following 2 books for awareness of general public and practitioners of rural areas –**

- 1. Just Switch Off Corona – with subtitle – Covid-19: 21 Facts, Updates & Tips must to study for safety at home, travel or workplace** - released by our Hon'ble Health Minister, Govt. of Delhi, Sh. Satyendar Jain on 08-10-2020 - launched on the same day on Amazon e-market for books where it was # 1 Bestseller in its category for more than 45 days.
- 2. CORONA VACCINES: CONFUSIONS & CURIOSITIES** - as 2nd edition of my above book “**Just Switch Off Corona**” – released on March 20, 2022 during MEDIFEST, annual medical conference of Dwarka (Delhi) branch of Indian Medical Association - by the National President of IMA (Indian Medical Association) Dr. Sahajanand Prasad Singh and other dignitaries - from left to right in enclosed photo - Dr. Prakash Lalchandani, Vice President, Delhi Medical Association; Dr. Girish Tyagi, Secretary, Delhi Medical Council; Dr. Arun Gupta, President, Delhi Medical Council; Dr. G. S. Grewal, President, Delhi Medical Association; [Dr. Maheshwar Prasad Chaurasia, "Author of book Corona Vaccines"]; Dr. Sahajanand Prasad Singh, National President, Indian Medical Association; Dr. Vinay Aggarwal, Past President, Indian Medical Association; Dr. Mukesh Verma, President, IMA Dwarka; DR. Ajay Gambhir, Hon. State Secretary, Delhi Medical Association; Dr. Pritam Pankaj, President Elect, IMA Dwarka and Dr. Surender Selangia, Finance Secretary, IMA Dwarka – book presently live on Amazon e-market for books and getting very positive reviews by the readers.

Also Prepared material of health education on topics –

- 1. Malnutrition in children and Breast feeding – Health Education matter delivered to Anganwadi workers while imparting training to them (2006).**
- 2. Modern family diet for feeding infants and young children - Health Education matter delivered to Anganwadi workers while imparting training to them (2006).**

15. Conference / seminars etc. attended during last 12 years. (Since 2010) –

1. Indian Medical Association HQs. Conference IMA KIDNEYCON 2022 – Mar 5 – 6, 2022
2. Annual Meeting of Indian society For Heart and lung Transplantation – Oct 1 – 2, 2019
3. 4th Joint Indian – Welsh Diabetes and Endocrinology CME Update – Mar 22, 2019
4. 3rd Professional Development Programme on Leading Healthcare Quality and Safety Improvement: Essentials for Managers – March 15 – 16, 2019
5. Improving Availability and Rational Use of Medicines in Public Health facilities – Feb 9 - 22, 2019
6. Medanta Conference on ECHO n Cardiology: Today & Tomorrow, Apr 14-15, 2018
7. 21st Annual Conference of Trauma Society of India – Mar 24-25, 2018
8. 60th DMA Diamond Jubilee State Medical Conference – Dec 24, 2017
9. Acute Care Update – II –Sep 17, 2017
10. Annual Conference of IMA Westtown, Delhi – Apr 30, 2017
11. Joint Indian – Welsh Diabetes and Endocrinology CME Update – Apr 2, 2017
12. Improving Availability and Rational Use of Medicines in Public Health facilities – March 7 - 10, 2017
13. 38th Annual Conference of Indian Association of sports Medicine, Feb 17 – 19, 2017
14. 16th Annual Symposium on Optimal Treatment for myocardial Infarction, Feb 25-26, 2017
15. 59th Annual Delhi State Medical Conference – Dec 9 – 11, 2016
16. Training Programme on Bio-Medical Waste Management Rules, DHS, Nov 18, 2016
17. 57th Annual Delhi State Medical Conference – Jan 11, 2015
18. 19th Annual Conference of IMA – Dec 27 – 28, 2015
19. Improving Availability and Rational Use of Medicines in Public Health facilities – March 30 - 31, 2016
20. 10th Annual Conference of RSSDI(Research Society for Study of Diabetes in India)- Sep 28, 2014
21. 4th Annual Conference of the Clinical Infectious Diseases society –Aug 22 – 24, 2014
22. Workshop on Stigma Reduction, Universal Precautions and Right of PLHIV under NACP-IV – Aug 27, 2014
23. 29th IMA-DNZ annual medical conference – Jan 05, 2014.
24. Global symposium on Heart Attack Management – Jan 11-13, 2013
25. 55th Annual Delhi State Medical Conference of Delhi – 6 Jan 2013
26. IGCON (Gastrovision) 2012 by Dept of Gastroenterology. Jaipur Golden Hospital – 16 Dec. 2012
27. Symposium on Blood Transfusion Medicine – 15th Dec. 2012
28. 54th Delhi State Medical Conference at Delhi – 8th Jan 2012
29. IGCON (Gastrovision) 2011 at Jaipur Golden Hospital -4 Dec. 2011
30. XXII Annual CME by Association of physicians of India, Delhi – Nov 19-20, 2011
31. 2nd e Medinews – Revisiting 2011 of MAMC, New Delhi – 9 Jan 2011
32. 53th Annual Delhi State Medical Conference, Dec. 26, 2010
33. World congress on clinical, preventive, geriatric cardiology & Imaging (WCCPGCI 2010) at Delhi- Oct. 22-24, 2010
34. IGCON (Gastrovision) 2010 at Jaipur Golden Hospital, Delhi – 26th Sept. 2010
35. eMedinews – Revisiting 2009 at MAMC, New Delhi – 10th Jan 2010.

16. Contribution to the development of:

a. Speciality :

- Excellent & sincere performance of duties combating the challenging situation arisen due to Dengue outburst in 2013. – **Appreciated by HOD (Medicine) & the Medical Superintendent of my institution DDU Hospital, Hari Nagar, New Delhi**
- Contributed by participating in discussions and deliberations on speciality topics :-
- Contributed to CME on “Newer Pathological Investigations & its Medical Significance”. Venue – Fortis Hospital, Shalimar Bagh, Delhi – 3rd Dec. 2011
- 39th Annual meeting of research society for the study of DIABETES IN INDIA, RSSDI at Mumbai – 4-6 Nov. 2011
- Discussion on whole Body PET-CT, Brain PET-CT, Cardiac PECT, CT and Discussion forum on the role of PCR in the diagnosis of tuberculosis, HIV and various viral load (HBV), (HCV) & swine flu & Dengue, & the role of CT coronary angiography in evaluation of Coronary Artery Disease. – Venue – Ganesh Diagnostics & Imaging Centre, Rohini, Delhi on 15/01/2011
- 38th Annual meeting of the research society for the study of Diabetes in India (RSSDI) at Kochi, Kerala on 18th – 20th November 2010

b. Department :

- Established Isolation ward in short span of time during 2nd Dengue outbreak in Delhi, arranging and coordinating for resources & manpower. Also worked successfully as Nodal officer (Dengue), Nodal officer (Vector borne diseases). Managed crowded Dengue isolation ward tirelessly - serving the poor patients & general public in all dengue outbreak.
- Worked as Nodal Officer (Swineflu) during H1N1 outbreak. Coordinated & managed clinical aspects, screening , sampling, prophylaxis, treatment, Data handling and coordination with state and national functionaries.
- Worked as Nodal officer (Diabetes screening campaign) and Nodal officer (Diabetes & Hypertension programme) taken initiatives leading to permanent establishment in hospital of Diabetes screening clinic entrusted for both DM & HT screening works, data management & coordination in this project with state and national program Nodal officers through DHS & Govt. of India.

c. Institution :

- IT infrastructure development, maintenance & updation done as Nodal officer (IT).
- Timely online RTI return filing of hospital ensured as instrumented by CIC, Govt. Of India while working as Nodal officer (RTI filing).
- Most of information uploaded as per directive of Govt. on online MIS of health Deptt. – as Nodal Officer (MIS).

- E-Governance & HIMS initiative taken as Nodal Officer (IT) and Nodal officer (e-governance) for the hospital. Points have already been highlighted, and its full implementation is expected soon in this hospital.
- Achieved highest record blood donation in 2012 working as HOD of the Blood Bank Department. RBTC, DDU Hospital. All needing patients got blood / platelet units even without replacement donation – a big step towards fulfilling 100% voluntary donation. Record 20,770 donations against previous record of 18000+ figure.
- Organised record successful Blood donations camp (1st successful event in hospital) on eve of Doctors Day celebrations on 2nd July 2012 with record 89 donations – for the help of helpless poor patients. Details uploaded on online website of DDU hospital under activities.
- Timely submission of reports of swine flu, Dengue & other vector borne diseases and Diabetes & Hypertension screening programme during my terms as Nodal officer of Hospital for these.
- Managed Covid Pandemic crisis shouldering well with and under the medical Director with participation in establishment of the very first Covid Isolation Centre in Delhi near IGIA in cooperation with district administration and later other Covid Care Centres and Covid Health Centres around DDU Hospital as well as the DDU Hospital as 500 bedded Covid Hospital including clinical duties in Covid wards being part of Department of Medicine. Covid management of DDU Hospital gathered many accolades by the patients as well as administrators of the state as well as central govt.

d. National Health Programme -

- Worked as TMP I/C (Team Movement Point In-charge) 2002-2004 and then followed by working as Assembly coordinator for National Pulse Polio Programme from 2004-2010. **Got appreciation from the Hon'ble Health Minister and the Principal Secretary (H&FW), Govt. of Delhi.**
- Participated and delivered services in RNTCP (Revised National Tuberculosis control Programme), Leprosy Programme and Cancer control programmes during my tenure as M.O. I/C of dispensaries of West zone, DHS (Now West District, DHS), Delhi Govt. till January 2008.
- Worked as resource person for IDSP (Integrated Disease Surveillance Project) for Govt. of India as well as State and District surveillance Societies of Delhi Govt. for 2008-09; and imparted training to surveillance / Medical officers – after my training as Trainers from 12th to 17th may, 2008 at NIHFW, Munirka, Delhi.

e. Family welfare programmes

- Have been member of committees for initial selection and training of ASHAs (Accredited Social Health Activities) in the primary health care in Delhi.
- Worked as member of Unit level Health Committee of IDHS (Integrated Disease Health Societies) – North West District Health Society of Delhi Govt. for selection of ASHAs.
- Imparted training to ASHAs of Northwest & West Delhi units of State Health Society of Delhi Govt.
- Have done devoted duty as Assembly coordinator for the highly prestigious National Intensified Pulse Polio Programme for 2004-2010 - during 2004-2007 for Madipur, Hastal, Shalimar Bagh

Assemblies; During 2007 to Aug. 2010 – continuously for Sultanpur Majra Assembly (Full of weaker section population and Jhuggis) Got upto 98% coverage of vaccination and achieved continued Polio free assembly – contributing towards Polio free India.

- Worked as Assembly coordinator for Motiabind Mukti Abhiyan 2007 & 2008 for Sultanpur Majra & Mangolpuri Assemblies successfully for screening and free surgical cure of cataracts among general public /weaker section of the area.
- Participated in Family Health Awareness & RCH Programmes during my tenure as M.O. I/C in dispensaries of West zone, DHS till January 2008.

f. Contribution in Hospital / health activities:

i. **Sanitation: Working as Nodal officer (Vector Borne Diseases)**, took initiative to form a surveillance committee of members from PWD, Nursing supervisory staff (ANS), Sanitary inspector, **Sanitation I/C (Nodal officer) and Nodal Officer (Dengue) which took weekly round and ensured full proof sanitation ensuring 'Zero tolerance Zone' for mosquito breeding for prevention of transmission of diseases.**

ii. Purchase and Material Management: contributed as member of different committees for purchase of items and equipments for different departments. Also worked as Store In-charge for General Store and later Surgical Store of DDU Hospital, and did material management successfully.

iii. Inventory Control: contributed for timely procurement for inventory for IT items and other items working as In-charge of General Store and later Surgical Store for smooth running of departments without data loss /loss of working.

iv. Planning: Have been part of planning for Drugs procurement, rationalising drug formulary, working of staff in pharmacy, wards and casualty medicine.

v. Training / lecture theatre: has supported in resource management of training / seminar hall of the hospital well equipped with projector and sound system.

vi. Security / Laundry / Kitchen: Have supervised Laundry and kitchen services of the hospital as Addl. MS(Admin). Also have been involved in installation of CCTV cameras in wards, casualty and the campus.

vii. OTs / OPD /Wards / Labs : Have been a part of administration for computerisation of OPD counters, resource management of wards in medicine department and management of innovative labs of Blood Bank department while working in that department as HOD in 2012-2013.

viii. Covid Crisis management: Has been associated very closely, as Addl. MS (Admin), DDU Hospital, with corona crisis management since the days of establishing very first quarantine centre in Delhi near Indira Gandhi International Airport, in consolidated efforts with the government authorities at every level; managing logistics and medical support to these quarantine centres, apart from support to various Covid Testing Centres, Covid Care Centres,

and Covid Health Centres attached to the DDU Hospital, in addition to the Covid-19 management at the quarantine and isolation centres in the adjacent districts as well.

g. Problem based learning: have contributed and worked in the biggest problem based learning programme of the Delhi Govt. – Bhagidari Programme – run under the then Hon'ble Chief Minister of Delhi in 2007. Attended workshop on Bhagidari in July 2005 and December 2007.

h. Health fairs / Melas:

- Organised a health mela in the Tikrikalan Village in 1997-98. Attended by the then CMO I/C West Zone. At that time I was working as MO I/C in that village dispensary.
- Awarded first prize shield by the Deputy Commissioner, Delhi (South) for Best performance of the health stall & highest person turnover at counter for treatment advice at 'Delhi Sarkar - Aapke Dwar' programme /mela among all the participating departments (more than 20) of Delhi Govt. held at Govt. Girls Sr. Sec. School No. 2 campus , Najafgarh, Delhi on 20th and 21st September 1998. I was representing West zone, DHS. The shield is in the office of CMO (West Zone), DHS now called CDMO (West District), DHS at A2, Paschim Vihar, Delhi. Entered in my ACR of 1998-1999.

i. Health Exhibition – Participated in the Health Exhibition organised by CMO (West Zone) office of the DHS at Delhi Govt. Dispensary Vishnu Garden while working under CMO (West Zone), DHS (before January 2008).

j. Health Rallies: - Organized health rally for awareness on Leprosy in society, originating from Govt. Sr. Sec. School, Madipur to Govt. Sr. Sec. School , Punjabi Bagh in 2005, participated by the school students – boy & girls, and was attended by the celebrity cricket star Mr. Ishant Sharma. This was a very successful health awareness rally with students showing placards with awareness statement regarding leprosy.

k. Health Education /WHO Day / Workshop

- Imparted health education to school students before participating in rally as mentioned just above. Assay competition was also organised among students on "Facts about leprosy" in that week.
- Imparted Health education training to Anganwadi workers and ASHAs
- Made eleven visits in villages to educate community on health issues in 2001-2002. Entry made in ACR of that period.
- Attended workshop on management of Health Education in 1998 and a WHO workshop in 2001 on cancer screening and awareness at AIIMS in 2001.

l. Scientific Updates –

1. Medicine Update -2012 at Mata Chanan Devi Hospital, Delhi – 1st April 2012
2. World Congress on Clinical, Preventive & Geriatric Cardiology (WCCPGC 2009) at Delhi on Oct. 2-4, 2009.

3. SAARC Diabetes Conference – Delhi – 3-4th Oct. 2009.
4. Annual Delhi State Medical Conference 2009, Delhi, 13th September 2009.
5. Annual Delhi State Medical Conference 2008, Delhi, 21st September 2008.
6. Management of Acute Emergencies - RTRM Hospital, DHS, Delhi, 7th Sept. 2003
7. Resuscitation Techniques in Drug Reactions – Lok Nayak Hospital – 27th Feb. 2003.

17. Others

a) Programs on Prevention of Blindness etc. – involved directly while working as Assembly coordinator of Motiabind Mukti Abhiyan for Sultanpur Majra & Mangolpuri Assemblies in 2007-08.

b) Contribution for involving Technician / Nurses /students of Other Colleges / Schools in the aforementioned areas – Involved nurses in Dengue wards / Swine flu wards for services as well as Data management - Report making, Collection from different wards, compilation of final report and forwarding onwards via MRD Section.

18. Involvement in Waste Disposal Schemes and Environmental improvement of health care centres/hospital Complex (including gardens/lawns, wards, bathrooms etc.) – As member of sanitation surveillance committee of DDU Hospital as Nodal officer (Dengue), and later as Addl. MS (Admin.), involved in monitoring of Waste Disposal and environmental improvement through weekly visits to ensure the cleanliness of sewage system, nullas, lawns, gardens, wards, toilets, streets and roofs of the buildings.

19. Preparation of Health Education Material: - Prepared material for use in training imparted to ASHAs and Anganwadi workers under RCH Programs.

20. Research Projects –

a. Basic:

Involved in preparing and sending daily datas of notifiable and non-notifiable disease – (as part of exercise done by Govt. for researching the common disease in community and preventive measures needed thereof)

Involved in preparing data of Diabetes and Hypertension Screening Campaigns of Delhi Govt. as Nodal officer for the programme.

b. Applied:

Notably on

- a. **Environment- Have been part of sanitation surveillance committee of the hospital; then achieved 'Zero Tolerance Zone' for vector borne transmission/diseases.**
- b. Occupational Health- have been advising needy patients as and when required; and have taken part in its initiatives after training under Rehabilitation Council of India in September 1999 at Safdarjung Hospital.

- c. National Programme – As Assembly coordinator of Pulse Polio Immunization Programme, researched the coverage of Immunization area wise and took action accordingly achieving the Polio free area continuously. Reports were submitted to the Polio cells of Family Welfare Department of the Delhi Govt.
- d. Rational use of drugs / hospital formulary – Worked as Member- Secretary of the Drug & Therapeutic Committee of the DDU hospital (2014-18). Worked on the hospital formulary and the no. of non-essential drugs was then (2014) been reduced from 450 to only 125 – through a gigantic task of discussions with all departments – with aim of non-stop availability of atleast these items under non-essential categories, being of common use.
Also underwent multiple training on Rational use of Drugs and Rational use of Blood.

21. Degree / Diploma / Certificate acquired during services –

- One week orientation training in Blood Banking – while in Deptt of Blood Bank -10th to 15th Dec. 2012 – under the Director & Head (RBTC East), State Transfusion Council, Govt. of Delhi.
- Training on e-Governance - 4th to 5th Sept. 2012- Directorate of training, UTCS, Delhi Govt.
- IT tools for Executive Secretaries and Non-IT professionals – by National Productivity Council of India – 12th to 16th march,2012
- National Training programme on Clinical Management of Dengue & Chikungunya – AIIMS, New Delhi – 16th May 2011.
- Rational use of Blood – RML Hospital – 8th May 2010.
- Training on ‘Anti-Retroviral Treatment’ – DDU Hospital – 20th March, 2009.
- Training of trainers on Integrated Diseases Surveillance Project for State & District Surveillance Officers of Phase III States - NIHFW, Delhi – 12th to 17th May 2008.
- Mental Health – DHS, Govt. of Delhi – 29th Aug. 2007.
- Refresher course for Medical Officers - Directorate of training, UTCS, Delhi Govt.- 23rd to 25th Aug. 2006
- Case Management of Dengue Fever / Dengue Haemorrhagic fever – BJRM Hospital, Delhi – 4th December 2002.
- Prevention and control of HIV/AIDS – MAMC, New Delhi – 19th -20th Dec. 2001.

22. Achievement in following fields:-

a. National and social service:

1. Served in National Pulse Polio Immunization Programme, first as TMP Incharge and then as Assembly coordinator for (2004-2010) (A copy of appreciation again attached at Encl. No. 73).
2. Samaj-Ratna award for social service in field of education in my native village – commendation by Member of Legislative Assembly & Member of Parliament of the area attached. Social service in field of education still going
3. Voluntary Blood Donations by me for help to the needy.
4. Participation in Health camp for the Senior Citizen and poor people, arranged by Senior Citizen Welfare Association on 4th Dec. 2011 at Tagore Garden, New Delhi -27.

b. Commendable work for upliftment of the weaker sections:

- Always devoted to work for patients and staff belonging to weaker sections in OPDs, Indoors and administration.
- Health camps for poor & Senior Citizens, and programs for academic upliftment of weaker sections (including scholarships) in my village/home district.
- Samaj-Ratna award for social service in village area (as mentioned above in 23(a)).

c. Details of instances when officer has done any work of distinction or made any extraordinary attempt to accomplish health tasks.

- Managed works during Swine flu (H1N1) outbreak. Doing work / being available on phone round the clock; and taking steps for Health Education widely for Public as well as Hospital Medical & Paramedical staff including their vaccination.
- Excellent and sincere performance of duty successfully combating the challenging situation arisen due to Dengue outbreak in 2013; appreciated by HOD & the Hospital authorities.
- Fulfilled blood demands of patients during Dengue outbreak 2012 as HOD Blood Bank Department.
- Has been associated very closely, as Addl. MS (Admin), DDU Hospital, with corona crisis management since the days of establishing very first quarantine centre in Delhi near Indira Gandhi International Airport, in consolidated efforts with the government authorities at every level; managing logistics and medical support to these quarantine centres, apart from support to various Covid Testing Centres, Covid Care Centres, and Covid Health Centres attached to the DDU Hospital, in addition to the Covid-19 management at the quarantine and isolation centres in the adjacent districts as well.

Regards,

DR. M.P. CHAURASIA
Ex-CMO (SAG), Deptt. of Medicine &
Ex-Addl. MS(HOO)
DDU Hospital, Hari Nagar, Delhi.